

## PicoSure Tattoo Removal

Before your PicoSure treatment:

- Avoid tanning beds, sunless tanning, and prolonged sun exposure for 4 weeks prior to treatment.
- Remove all makeup and lotion.
- Stop retinols, retinoids, hydroquinone for 2 days prior to treatment.
- Be sure to inform your care provider if you have ever had cosmetic tattoos or cosmetic pigmentation or permanent makeup applied near the area of treatment

After your PicoSure treatment:

After cleansing and while skin is still moist, apply a thin layer of Aquaphor ointment to the treated tattoo.

- Apply a non-stick bandage over the tattoo until it is healed.
- Avoid sun exposure to the treated area. Use a broad spectrum UVA UVB sunscreen with an SPF of 30 or higher. Apply to the treated area every 2 hours when exposed to the sun and it is recommended to make this a part of your skin care routine.
- Clean the area daily with mild soap and water and pat dry.
- Do not shave the treated area if crusting is evident.
- Avoid sun exposure between treatments. If sun exposure is unavoidable, apply SPF 30+ to protect exposed, treated areas.
- Apply moisturizers for sensitive skin as needed
- For patients who are prone to breakouts or have sebaceous skin, consider waiting 24 hours before applying any topical products
- Do not rub or scratch the area.
- Discomfort may be relieved by using cool gel packs or acetaminophen.
- If blistering occurs, keep the area moist by applying Aquaphor 3 times per day or antibiotic ointment per recommendation of the physician. Do not enter swimming pools or hot tubs until treated areas are healed.
- No swimming or using hot tubs for 48 hours post treatment.
- Contact the office if there is any indication of infection (redness, tenderness or pus)



If you have any questions or concerns, please give us a call at 909-793-2020 or text 909-787-2074